

# Clinical Nutrition Masterclass 2025

Practical ICU & Surgical Care:  
Bridging Theory and Practice

**Hotel Riu Plaza España, Madrid**  
**June, 13<sup>th</sup> & 14<sup>th</sup>**

## 13<sup>th</sup> Friday

- 12:00**    *Welcome Lunch*
- 13:00**    Opening Ceremony
- 13:10**    Optimizing Nutrition for Better Surgical Outcomes: The role of prehabilitation and nutrition therapy **Dr. Diana Cardenas**
- 13:40**    Interactive case study on prehabilitation - Q&A **Dr. Diana Cardenas**
- 14:25**    Fuelling recovery: The critical role of Clinical Nutrition in Surgical patients **Prof. Paul Wischmeyer**
- 14:55**    Interactive case study - Q&A **Prof. Paul Wischmeyer**
- 15:40**    *Networking Break*
- 16:10**    Workshops: Prehabilitation Programs in surgery /Nutritional Management Surgical patient /Continuum of Care **All**
- 17:00**    Workshops: Prehabilitation Programs in surgery /Nutritional Management Surgical patient /Continuum of Care **All**
- 17:50**    Conclusion of the day **Dr. Diana Cardenas**
- 18:05**    Group photograph - End of Day 1
- 19:30**    *Meet for dinner*

## 14<sup>th</sup> Saturday

- 8:30**    Welcome & Take home messages from Previous Day **Prof. Paul Wischmeyer**
- 8:40**    Transforming Care: Personalized Medical Nutrition Therapy for Critically Ill Patient **Prof. Renée Blaauw**
- 9:15**    Interactive case study / Q&A **Prof. Renée Blaauw**
- 10:00**    *Networking Break*
- 10:30**    Workshops: Prehabilitation Programs in surgery/Nutritional Management Surgical patient /Continuum of Care **All**
- 11:20**    The Vital Role of Lipid Emulsions: Beyond Just Energy Provision **Prof. Paul Wischmeyer**
- 12:10**    Medical Nutrition Therapy: Revolutionizing Patient Care with Cost-Effective Solutions **Prof. Paul Wischmeyer**
- 13:00**    *Business Lunch*
- 14:00**    Panel Discussion: Creating an Effective Medical Nutrition Therapy Team **All**
- 14:20**    Meet the expert - experience with having MNTT **Dr. Adriana Crivelli & Dr. Melina Castro**
- 15:10**    Conclusion of the day **Prof. Renée Blaauw**
- 15:30**    End of Masterclass

### **SPEAKERS**



**Prof. Renée Blaauw**  
Prof. Division of Human Nutrition,  
Department of Global Health  
Stellenbosch University,  
Cape Town, South Africa



**Prof. Paul Wischmeyer**  
Physician Director, Duke Hospital  
Nutrition and TPN Service,  
Durham, North Carolina, USA



**Dr. Diana Cardenas**  
Medical Doctor, Nutrition unit,  
Institut Gustave Roussy, France



**Dr. Adriana Crivelli**  
Gastroenterologist  
Hospital de La Plata  
Nutrihome  
Argentina



**Dr. Melina Castro**  
Head MSA  
Fresenius Kabi, Brazil